

June 2021

Newsletter



Dear TILT Teams,

We hope you are all keeping well! After a very wet and cold May, along with the easing of pandemic restrictions, sunglasses and SPF (which seem like a long distant memory) have returned! Summer has finally arrived!!

In this instalment of the TILT newsletter, Julia Andrews from the Embryology team and Melonie Gouldbourne from the Women's Health Research team, have both kindly shared their experiences of the trial at St. Bart's Hospital so far...

"Hello from us all here at St. Bart's Hospital in the City of London, where we have a lot to look forward to.

Firstly, on the 5th of July this year the NHS will be 73 years old, which we are sure our colleagues in the UK will join us in celebrating after everything that has happened in past eighteen months. In addition to this, plans are already underway here to mark another big day. Our hospital was founded in 1123 by Rahere, and will have been providing continuous patient care on the same site for 900 years in 2023 - which is quite a milestone!

The introduction of time-lapse incubation as a routine practice and taking part in the TILT trial has helped our team to become highly skilled in the use of this new technology in an NHS setting. In the future we aim to offer it to all patients free of charge, and would like to thank Bart's Charity for supporting the TILT trial, and our colleagues at the Homerton for allowing us to take



part. The challenge of providing safe fertility treatments during a pandemic is still impacting on how we are all working, but we are committed, along with Liz and her team, to recruit as many patients as we can before the end of the trial.

Finally we hope that you have a safe, but busy and sociable summer as everything starts to return to normal over the next few months. We also wish you all the best of luck. It has been great working with you."

"As the Women's Health Research team we have had the honour of running TILT study at Barts alongside the fertility team.

Despite the pandemic, we were able to continue recruiting, alongside redeployment to COVID-19 research, as the study was given priority status.

Our Clinical Trials Practitioner, Sara, who has now sadly left the team, was able approach participants and verbally consent them over the phone, while our other team members were able to meet the participants in person on the day of their egg collection to consent them if necessary.

Now that everything is almost back to normal (fingers crossed), we are looking forward to being able to meet participants in person and to working more closely with the fertility team again.

Here's a photo of our team pre-pandemic, with hopefully more outings like this to come!"



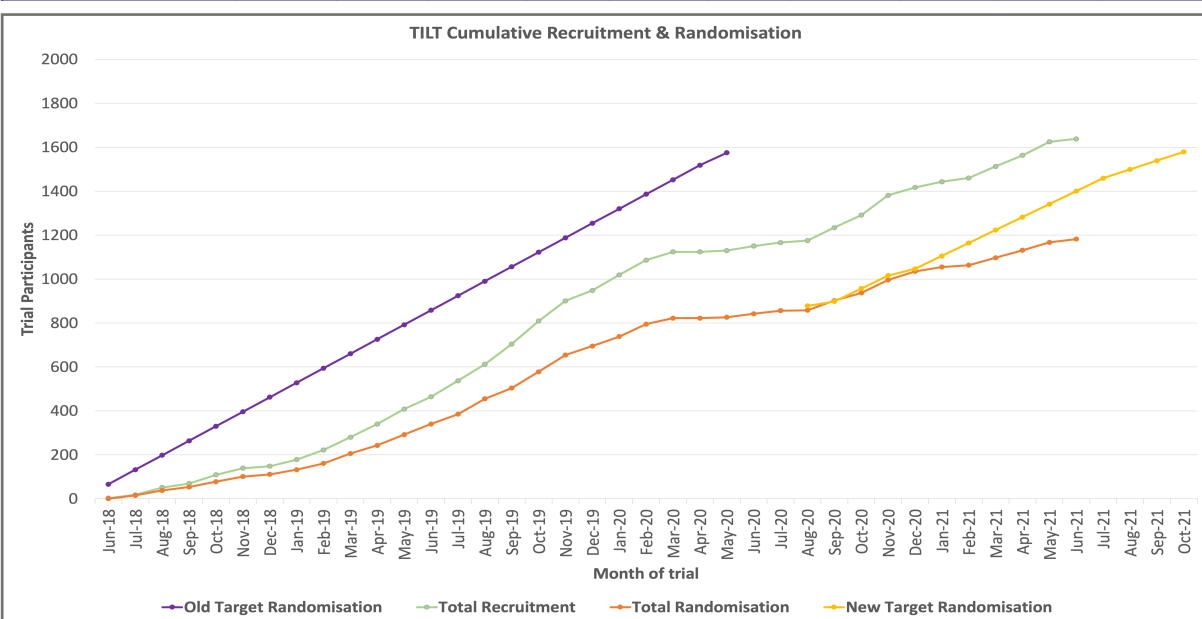
STUDY UPDATES

- As of today, 1643 participants have been recruited and 1184 have been randomised to the TILT Study!
- Last month we saw a total of 62 participants recruited and 36 randomised.
- So far in June, the tally is 18 participants recruited and 17 randomised.
- **Homerton Hospital** randomised their 600th participant to the study! (HOM/0804)
- **St Barts Hospital** recently randomised the 125th TILT participant! (SBH/0212)
- **Princess Anne Hospital** randomised their 95th participant to TILT! (PAH/0147)
- **Hammersmith Hospital** randomised TILT participant number 30! (HMS/0042)
- **CRGW, Plymouth** reached 55 TILT randomisations earlier this week!
- **Chinese University of Hong Kong** randomised participant 235! (UHK/0293)

Recruitment and Randomisations

Below is a summary of the recruitment and randomisation numbers from the last 4 months!

Centre	Total Rec	Total Rand	Jun 21		May 21		April 21		Mar 21	
			Recruit	Rand	Recruit	Rand	Recruit	Rand	Recruit	Rand
Homerton University Hospital	812	605	4	5	29	17	19	19	28	14
Chinese University of Hong Kong	299	239	6	4	9	8	6	4	19	15
St Barts Hospital	218	129	4	4	13	5	13	6	3	2
Princess Anne Hospital	156	97	0	3	6	3	9	3	3	3
CRGW, Plymouth	77	55	1	1	0	0	2	2	0	0
Hammersmith Hospital	46	31	3	0	5	3	1	0	0	0
Bath Fertility Centre	35	28								
Totals	1643	1184	18	17	62	36	50	34	53	34



From all of us here at **TILT HQ**, we'd like to thank you all for your continued hard work on the **TILT study**, it is really appreciated! Please feel free to contact me with any suggestions/content for inclusion in the next instalment.



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