

Dear TILT Team,

As the not so long, decidedly un-hot summer of 2019 swiftly draws to a close, allow the next TILT newsletter to bring a little warmth into your life. Can you believe that this is already the 7th instalment? That's the same amount of number one singles that Michael Jackson had. I'll let you decide who has had the biggest cultural impact...

1. As of 16th August, there have been a total of 576 participants recruited and 421 participants randomised.
2. On 19th July, PAH/0048 became the 500th recruited participant and the 400th participant to be randomised was UHK/0042 on 10th August!
3. July ended up being a record-breaking month with 72 participants recruited overall, the highest total yet. Well done everybody!
3. James Cook University Hospital have their SIV booked for 27th August 2019 and will soon become the 7th UK site and 8th in total.



Recruiting centre	Total	Aug 19	Jul 19	Jun 19	May 19	Apr 19	Mar 19	Feb 19
Homerton University Hospital	399	17	33	30	32	33	41	37
Princess Anne Hospital	55	1	15	5	11	11	10	2
Chinese University of Hong Kong	45	12	10	6	10	7		
Bath Fertility Centre	31	4	1	0	6	6	7	5
Derriford Hospital	17	1	6	4	3	3		
St Barts Hospital	15	5	4	6	0	0		
Hammersmith Hospital	14	1	3	3	7	0		
	576	41	72	54	69	60	58	44



## Katie's Team

The East London  
women's health research  
patient and public advisory group

**WHAT?** "Katie's Team" is a patient and public advisory group, consisting of mums and members of the public who have a connection to our research areas of child-birth, pregnancy and reproductive issues.

They meet 3 times a year to comment on specific research questions, to advise on the direction of the research, and to learn more about how research in women's health is conducted.

**WHY?** The group's purpose is to ensure that women's health research is done effectively and remains relevant to the needs of local mothers.

**WHO?** Anyone with a personal experience of childbirth, pregnancy or reproductive issues, and their partners or family members.

**HOW?** If you know any study participants who may be interested in joining, please ask them to get in touch on [ktnetwork@qmul.ac.uk](mailto:ktnetwork@qmul.ac.uk), and they will be sent a role description and further information.

Aug 2019

# NEWSLETTER



## Co-Investigators Group Meeting

In early July we held the first Co-Investigators group meeting. It was an opportunity to bring together Investigators and Researchers from our recruiting sites to inform them of study progress, as well as to share best-practice and ideas to ensure that the trial continues to progress well.



We were treated to a variety of interesting talks delivered by our attendees, enjoyed some informative discussions and tried our very best to navigate a fiendishly difficult quiz!

I want to say another huge thank you to all of those who attended. It was an enjoyable day and we gained some really valuable insights.

And to all those who weren't there on the day, I hope that your colleagues didn't eat all the treats we gave them before they returned to the office!



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Thank you to all our investigators for their hard work on the **TILT** study. We truly appreciate your contribution. Remember...every patient counts! Please feel free to contact me with any suggestions/content for inclusion in the next instalment.

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Research Unit on Twitter!  
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Queen Mary  
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